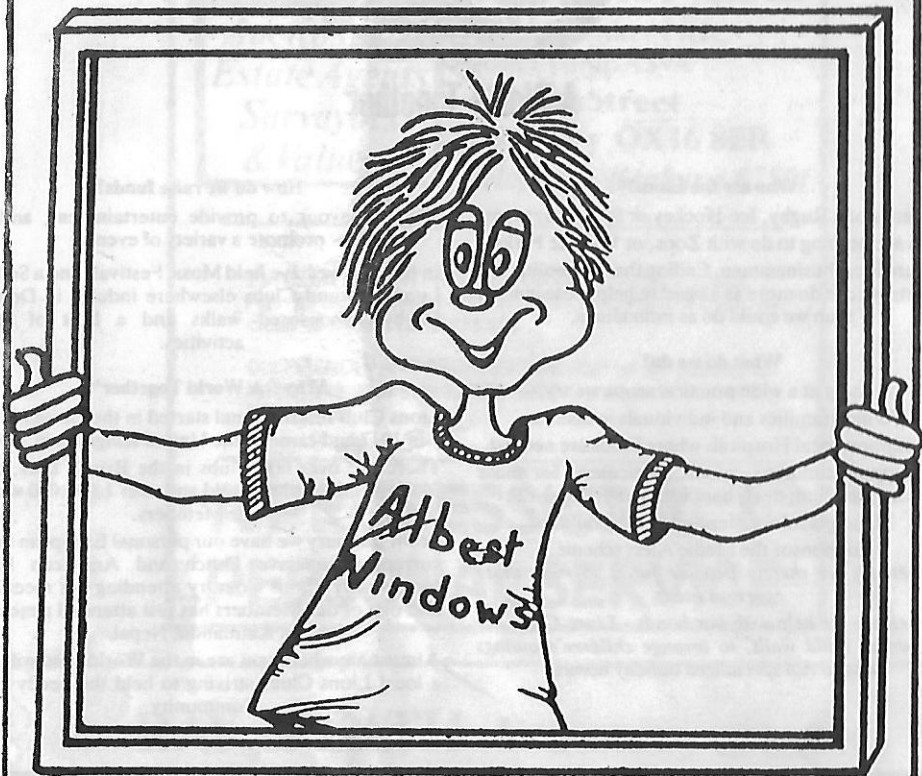


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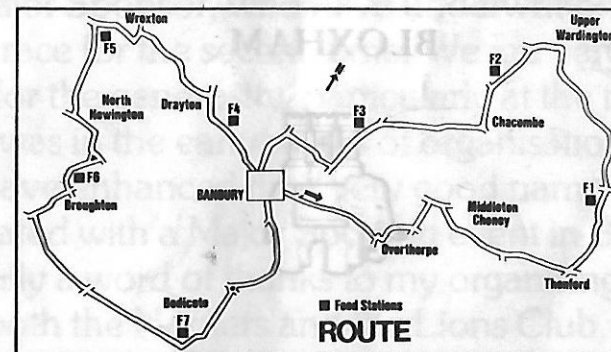


## PROGRAMME

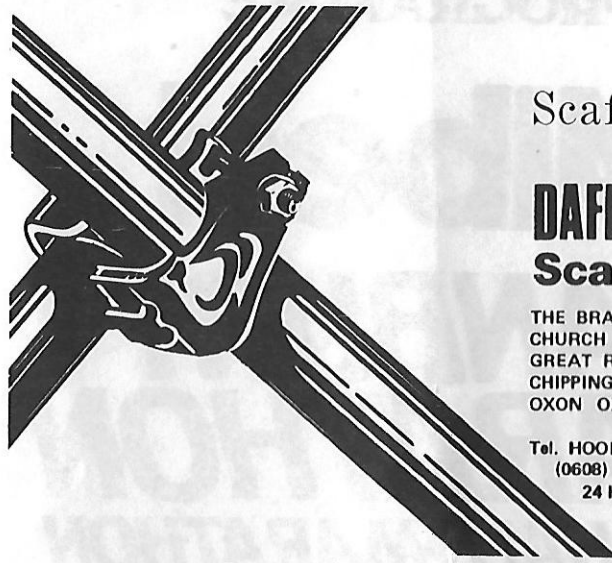
# Albest BANBURY MARATHON AND HALF MARATHON

Sunday 14th October.

Starts 11 a.m.



# BANBURY LIONS CLUB



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The inclusion of a Half Marathon in this year's event has given the opportunity to a far greater number of people to test their fitness, stamina and strength in the Major Road Race, maybe for the first time.

On behalf of the organisers may I wish every participant the very best of luck in the event and hope that each and every one of you achieve the goals you have set yourself.

Thanks must go once again to Albest Windows Ltd., the major Sponsor, who have underwritten the expenses of the race for the second time. We are very grateful to them for the generosity, particularly at the time when the event was in the early stages of organisation. We trust they have enhanced their very good name by being associated with a Major Sporting event in Banbury.

Finally a word of thanks to my organising Committee from both the Harriers and the Lions Club, who have put in unstinting work over a long period.

MIKE HOLLOWAY,  
Chairman Organising Committee

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416 R E TURNBULL	415 C EVANS	441 LESLEY HOYLE
418 M STEPTOE	417 MRS M WALLACE	
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422 R J PINFOLD	421 L J SYKES	
424 T D TREVISS	423 N J BRAGGINS	
426 B P CAVEY	425 I HOWSE	
428 C JONES	427 B J CUMMINS	
430 P HALL	429 K G BARRATT	
432 VIRGINIA ANSTEAD	431 P FLAKMAN	
	433 J ANSTEAD	

## BANBURY HALF MARATHON

501 G FRENCH	502 K L CORBETT	577 P A RIZZA	578 B MUGRIDGE
503 R J HAYWARD	504 M W SHIPWAY	580 M W BRAGGINS	581 P ROWE
505 A K COOKE	506 A M WATKINS	582 B COATES	583 J A MAXWELL
507 D MORTON	508 J R CRAXTON	584 F R LODER	585 C J BELL
509 D J SHADBOLT	510 J LISSETT	586 A G HUTCHINGS	587 A P WEBB
511 M P WOOLDRIDGE	512 G RODDIN	588 D G RODWAY	589 R G ADAMS
513 DEBORAH RODDIN	514 D J PARRY	590 A A PERKINS	591 CAROL A MARTIN
515 R C LEVICK	516 J N S MALONEY	592 G STEPHENS	593 P A RICHARDS
517 R P GENT	518 D WARD	594 G BOTTERILL	595 M J FORAN
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541 M B TOWNSEND	542 J SCURRAH	618 P T CHAUNDY	619 J W FOX
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559 T J PERKIN	560 A G ATKINSON	636 PATRICIA DENT	637 R SPAKE
561 R SIBSON	562 R A MATTS	638 E WILKINSON	639 D JONES
563 P E WHITEHEAD	564 N J HOBDDAY	640 K W MCNEIL	
565 T S LEGRAS	566 I CLAYTON		
567 P A NORTON	568 G A CLARK		
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## BANBURY HARRIERS ATHLETIC CLUB

Banbury Harriers founded in 1879, was not only a running club but also catered for rugby football and cricket.

In March 1922, the Club borrowed sufficient money to purchase the land known as Harriers Ground for £850. Unfortunately funds ran out and the bank had to be paid off. The Education Authority purchased the land in the 1930s.

Following the Second World War the Club's fortunes declined even further and during the 50s and 60s the Club rose and fell with monotonous regularity. A letter dated 1966 indicates that the Club had folded for three years but in 1970 the Club was once again revived.

In 1975 the first 5 mile road race (The Banbury 5) was staged by the Club. Since then the Club has promoted the AP20 and the Don Sullivan 10 road races; the Eric Andrews Memorial Cross Country race and the Track and Field Open Meeting. The Club has also been host to league fixtures in the Heart of England League, Southern Women's League, Men's Southern League and Chiltern League Cross Country among others.

A tremendous achievement for a Club which in 1978 has only 50 members. The growth since then has been tremendous, at the moment the Club has over 250 active members, and is always looking for more.

No need to be an Ovett, Coe, Cathy Cook or Tessa Sanderson, just two legs and an interest in athletics. Anyone from the age of 10 is welcome and if you feel you can't run, the Club is in great need of helpers. People to coach, judge track, field and cross country events, and time keeping, the Club will arrange training in all these pastimes. If you are interested please contact the Club Secretary John Rollard (Banbury 52895) or George Hall, Coaching Secretary (Banbury 59873). Alternatively come along any Wednesday evening (in summer to the Club house, at the rear of Blessed George Napier School, Addison Road; in winter Drayton School gymnasium at 7 pm)

As a thriving athletic club the one basic necessity is now a track. The present Banbury School track falls far short of the standard required and the Club has been banned from hosting fixtures in one league to to this reason. There has been talk of a synthetic track since 1978 but it all ends in talk. If the Club is to grow even more and really achieve greatness we must have a track for both training and competition.



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 Richard Walford  
 Brian Grimsley  
 J. Curtis  
 G. Stephens  
 Phil Thomas  
 Alan Rushton  
 Fred Nicholls

### BANBURY HARRIERS

George Hall  
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## ACKNOWLEDGEMENTS

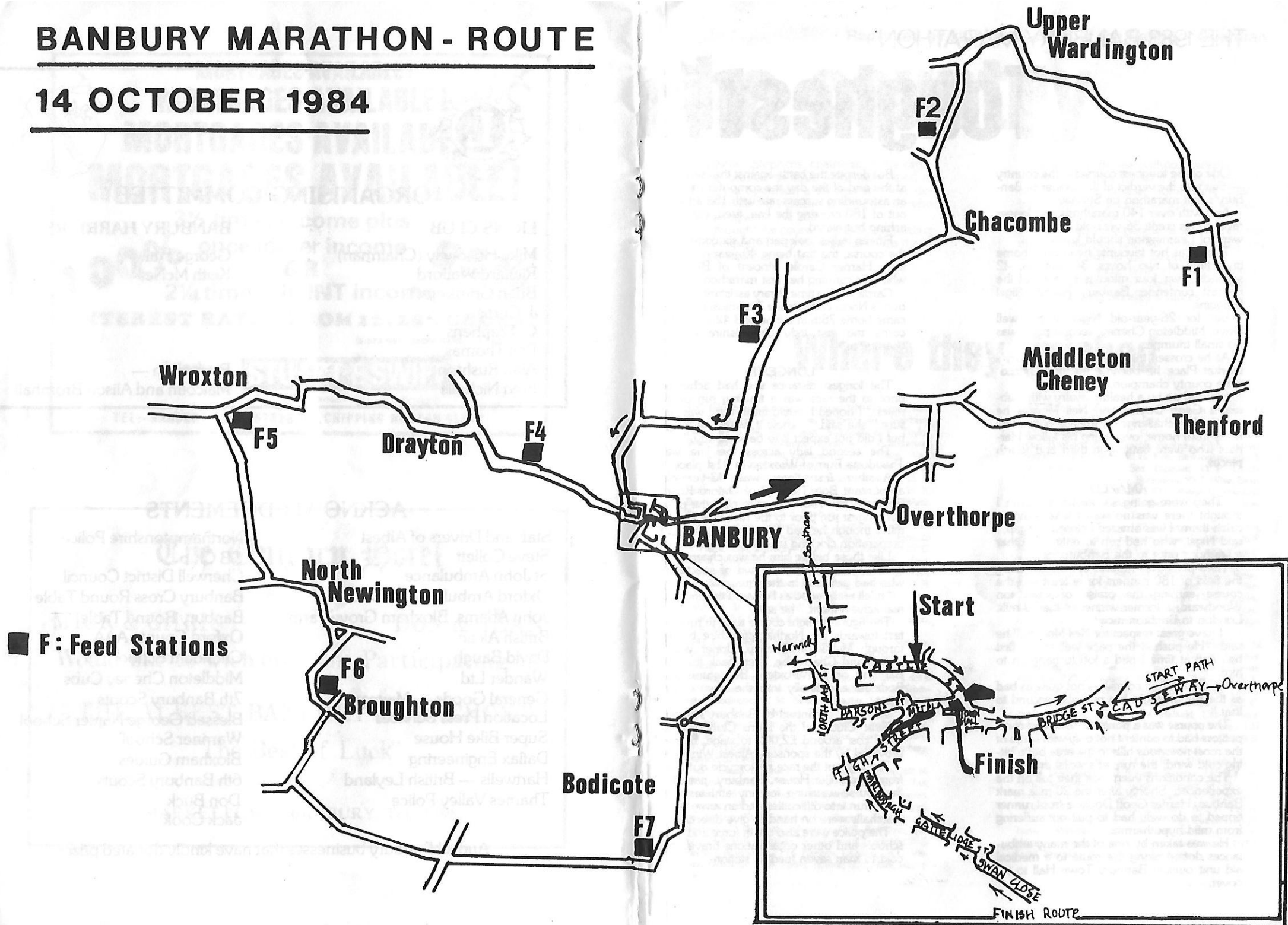
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# BANBURY MARATHON - ROUTE

14 OCTOBER 1984



# Toughest in

# the country

One of the toughest courses in the country — that was the verdict of the winner of Banbury's first marathon on Sunday.

And with over 140 marathons and longer races to his credit 36-year-old Cavin Woodward of Leamington should know.

Tipped as hot favourite he cruised home in a time of two hours, 34 minutes, 42 seconds, over four minutes in front of the nearest contender Banbury Harrier Nigel Braggins.

But for 26-year-old Nigel of Stanwell Drive, Middleton Cheney, second place was no small triumph.

As he crossed the finish line in Banbury's Market Place he became the first Oxfordshire county champion.

Spurred on by a healthy rivalry with club-mates Geoff Doyley and Neil Moores he made a late challenge for the title only a few miles from home, overtaking his fellow Harriers who were battling in third and fourth places.

## AMAZED

"They were going so quickly early on I thought there was no way I was going to catch them. I was amazed I closed the gap," said Nigel, who had run in only two other marathons prior to the Banbury race.

Third-place Neil Moores of Milcombe, led the field of 180 runners for at least half the course earning the praise of champion Woodward, a former winner of the 53-mile London to Brighton race.

"I have great respect for Neil Moores," he said. "He pushed the pace well in the first half and at time I had a job to hang on to him."

"It was a tough course — not quite as bad as the Isle of Wight but probably second to that."

The course was a punishing one and competitors had to content not only with some of the most notorious hills in the area but a biting cold wind, the runner's worst enemy.

The conditions even took their toll on the experienced. Shortly after the 20-mile mark Banbury Harrier Geoff Doyley, a front runner tipped to do well, had to pull out suffering from mild hypothermia.

He was taken by one of the many ambulances dotted along the route to a medical aid unit outside Banbury Town Hall to recover.

But despite the battle against the elements at the end of the day the computer showed an astounding success rate with 158 athletes out of 180 crossing the line, tired, cold and aching but elated.

Fifteen ladies took part and six completed the course, the first being 40-year-old Banbury Harrier Carole Vincent of Bloxham who was running her first marathon ever.

Carole, a part time library assistant at Banbury's North Oxfordshire Technical College, came home 78th in a time of 3.42.36 to become the first lady Oxfordshire county champion.

## LONGEST

The longest distance she had achieved prior to the race was a training run of 20 miles. "I hoped I would finish but I was not sure," she said. "I knew it would be tough but I did not expect it to be so windy."

The second lady across the line was Theodosia Burr of Wroxton in 91st place.

Another first timer was 43-year-old accountant Bob Turnbull of Oxford Road, Bodicote, the 75th runner to pass the post. His longest run prior to the race was just 13 miles though he had been training hard in preparation clocking up 35 miles a week.

Like those before him he was cheered on by a large enthusiastic crowd of spectators who had gathered in the square.

"It felt really good as I crossed the line — a real achievement," he said.

The figure-of-eight course took 37 runners first towards the Northamptonshire border through Middleton Cheney, Upper Wardington and Chacombe, then back through Banbury on to Wroxton, Broughton and Bodicote and finally into the town centre again.

The race, organised by Banbury Harriers Athletic Club and the Lions Club of Banbury, cost around £2,000 to stage, money provided by the sponsors, Albest Windows.

Throughout the race motorcycle outriders from Superbike House, Banbury, patrolled the course watching for any athletes who might run into difficulties and an army of 80 marshalls were on hand to give directions.

The police were also out in force and local schools and other organisations braved the cold to man seven feeding stations.

Graham Stephens, chairman of the organising, praised all those who had helped to make the operation a success and was delighted with the number of competitors who had completed the course.

"I thought the course was fairly undulating and I expected with the wind as it was that it would really drain people."

"But more or less without exception the athletes said they found it a very enjoyable and interesting course. Some were quite a bit fed up with people for trying to produce flat, boring courses."

There were 64 people who entered but did not take part and Mr Stephens felt this was mainly due to the weather.

But plans were now in the pipeline to make the Banbury marathon an annual event following Sunday's success.

## Where they finished

1 C. Woodward, Leamington Spa; 2 N. Braggins, Middleton Cheney; 3 N. Moores, Banbury; 4 C. Malsbury, Horsham; 5. M. Richardson, Swansea; 6 P. Taylor, Woodstock; 7 A. Robinson, Bodicote; 8. I. Robinson, Tring; 9 D. Hoddinott, Hampton; 10 G. Phillips, Wantage; 11 R. Howes, Oxford; 12 M. Burrows, Evesham; 13 A. Pratt, Banbury; 14 J. McGuigan, Wantage; 15 B. Leith, Woodstock; 16 F. Fletcher, Kings Lynn; 17 R. Bowyer, Kidlington; 18 D. Ward, Banbury; 19 R. Watts, Banbury; 20 G. Reading, Banbury.

21 J. Pardoe, Banbury; 22 N. Tawney, Banbury; 23 M. Dale, Middleton Cheney; 24 K. Allen, Woodstock; 25 N. Hambridge, Banbury; 26 A. Vincet, Bloxham; 27 C. Evans, Shutford; 28 M. Neave, Didcot; 29 R. Horn, Cropredy; 30 J. Sunn, Leamington Spa; 31 C. Fish, Woodstock; 32 J. Reading, Bishops Itchington; 33 P. Hart, Banbury; 34 M. McElhinney, Banbury; 35 E. Tait, Banbury; 36 I. Stockford, Woodstock; 37 A. Round, Banbury; 38. D. Hall, Kidlington; 39 L. Deizeo, Luton; 40 S. Manning, Luton.

41 H. Purbrick, Sutton Courtenay; 42 T. Smythe, Bicester; 43 A. Kay, Hayes; 44 P. Chrystal, Oxford; 45 S. Boscott, Banbury; 46 G. Biddell, Abingdon; 47 A. Thompson, Woodstock; 48 M. Sturges, Hampton; 49 I. Cums, Bloxham; 50 A. Warner, Dewsbury; 51 D. Sibthorpe, Bodicote; 52 M. Bentley, Rugby; 53 A. Baron, Brackley; 54 I. Morrison, Middleton Cheney; 55 P. Keigher, Manchester; 56 K. Chatterall, London; 57 D. Betterton, Sunningwell; 58 D. Bowler, West Adderbury; 59 P., Hurley, Drayton St Leonard; 60 L. Carbery, Drayton St Leonard.

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121 D. Bartholomew, Bicester; 122 P. Hallman, St Albans; 123 M. Thomas, Banbury; 124 M. Steptoe, Abingdon; 125 A. Beesley, Chacombe; 126 J. Lewitt, Warwick; 127 P. Knight, Middleton Cheney; 128 L. Sykes, Aldershot; 129 A. Maynard, Tackley; 130 S. Cooper, Banbury; 131 P. Farman, Croughton; 132 C. McCurdie, Kent; 133 A. Dent, Hatfield; 134 J. Hunt, York; 135 R. Duff, Kington; 136 R. Hooper, Thame; 137 W. Clarke, Coventry; 138 C. Conroy, Coventry; 139 B. Cavey, Tackley; 140 C. Goddard, Solihull.

141 D. Pary, Banbury; 142 C. Ross, Aldershot; 143 L. Parkes, Bodicote; 144 D. Rouene, Bicester; 145 B. Cummins, Chacombe; 146 R. Tingley, Bicester; 147 D. King, Abingdon; 148 P. Clement, Bicester; 149 K. Bennett, Bloxham; 150 P. Chaundy, Banbury; 151 W. Fisher, High Wycombe; 152 M. Wallace, Kings Sutton; 153 M. Turner, Abingdon; 154 L. Dixon, Banbury; 155 P. Moore, Aylesbury; 156 R. Moyce, Deddington; 157 I. Todd, Brackley; 158 T. Hughes, Banbury.



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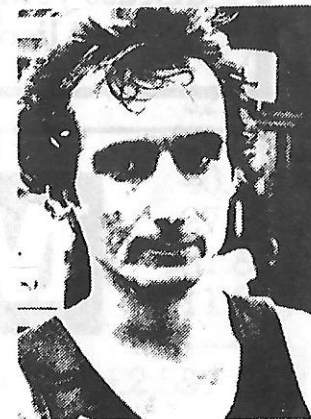
● Banbury marathon winner Cavin Woodward receives his medal from Banbury Town Mayor Coun Mrs Sonja Peto.



● Carole Vincent — first women home and Oxfordshire Champion.



● Nigel Braggins — Second man home and Oxfordshire champion.



● Neil Moores — Had to settle for third place after leading for half the race.



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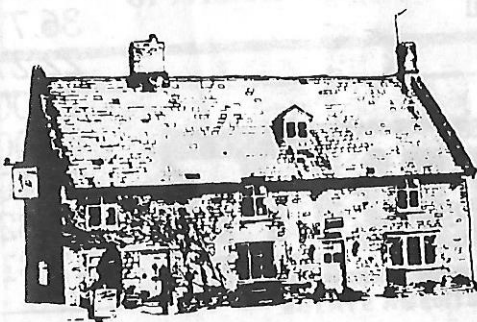
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To sponsor the Medic Alert scheme.  
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*Sometimes we help with our hands - Lions Clubs are known to build walls, to arrange children's outings and to run specialized holiday homes.*

#### **How do we raise funds?**

We endeavour to provide entertainment, and we promote a variety of events.  
In the past we have held Music Festivals and a Son-et-Lumiere - and Clubs elsewhere indulge in Donkey Derbys, sponsored walks and a host of other activities.

#### **Why "A World Together"?**

Lions Club International started in the United States in 1917 and came to the United Kingdom in 1950.  
There are over 600 Clubs in the British Isles, over 31,000 Clubs in the World and over 1,000,000 world-wide Members.  
From Banbury we have our personal European links, currently we have Dutch and American Lions temporarily in this Country attending our meetings, and one of our Members has just attended a meeting in Katmandu, Nepal.  
Almost anywhere you are in the World, you will find a local Lions Club, striving to help the needy in its Community.

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